

Gender Programming Checklist

Food Distribution

Analyze gender differences	<ul style="list-style-type: none"> ◆ Use participatory assessments with women, girls, boys and men to gather information about: <ul style="list-style-type: none"> ● roles of women, girls, boys and men in food procurement; ● cultural and religious food restrictions/preferences for women and men; ● differences in women's and men's control over and access to food resources; and ● cultural, practical and security-related obstacles women, girls, boys and men could be expected to face in accessing services. ◆ Analyze reasons for inequalities between women, girls, boys and men; address through programming. ◆ Reflect gender analysis in planning documents and situation reports.
Design services to meet needs of all	<ul style="list-style-type: none"> ◆ Design services to reduce the time women and children spend going to and from food distribution points (e.g. distribution organized at different time intervals to avoid crowds and long waiting time so as to ensure timely distribution and avoid long waits for food delivery by partners). ◆ Design services to reduce the burden that receipt of food aid may pose on women beneficiaries, including establishing food distribution points as close to beneficiaries as possible and making weight of food packages manageable for women (e.g. 25 kg vs. 50 kg bags).
Ensure Access for all	<ul style="list-style-type: none"> ◆ Routinely monitor women's, girls', boys' and men's access to services through spot checks and discussions with communities. ◆ Promptly address obstacles to equal access.
Ensure equal Participation	<ul style="list-style-type: none"> ◆ Ensure women and men take part equally (in numbers and consistency) in decision-making, planning, implementation and management of food aid programmes. ◆ Create committees (with equal representation of women and men) to target, monitor and distribute food items and determine the needs of vulnerable groups.
Train all equally	<ul style="list-style-type: none"> ◆ Employ an equal number of women and men in food distribution programmes and ensure equal access to trainings.

and

Address gender-based violence	<ul style="list-style-type: none"> ◆ Include both women and men in the process of selecting a safe distribution points. ◆ Ensure a sex-balanced team distributes food. ◆ Create 'safe spaces' at distribution points and 'safe passage' schedules for women and children who are heads of households. ◆ Conduct distribution early in the day to allow beneficiaries to reach home during daylight. ◆ Monitor security and instances of abuse.
Collect, analyze and report programme monitoring data	<ul style="list-style-type: none"> ◆ Collect, analyze and routinely report on sex- and age-disaggregated data on food distribution coverage. ◆ Develop monitoring and evaluation tools in consultation with women and men in the target population to specifically review impact of food distribution on women's and men's vulnerability, including the design of questionnaires that examine how the food needs of women, girls, boys and men have been addressed. ◆ Assess the impact of the food aid programme on women, girls, boys and men (e.g. needs, access and control over resources, physical and human capital, income and livelihoods options). ◆ Consult women, girls, boys and men in the identification of remaining gaps and areas for improvement. ◆ Develop and implement plans to address inequalities and ensure access and safety for all of the target population.
Target actions based on analysis	<ul style="list-style-type: none"> ◆ Designate women as the initial point of contact for emergency food distribution. ◆ Ensure women are food entitlement holders. ◆ Adopt positive measures to redress discrimination in allocation of food resources (e.g. ensure children under five, sick or malnourished, pregnant and lactating women and other vulnerable groups are given priority for feeding).

Collectively
coordinate actions

- ◆ Ensure actors in food distribution liaise with actors in other areas to coordinate on gender issues, including participating in regular meetings of the gender network.
- ◆ Ensure that the food distribution area of work has a gender action plan and has developed and routinely measures project-specific indicators based on the checklist provided in the *Inter-Agency Standing Committee Gender Handbook*.
- ◆ Work with other sectors/clusters to ensure gender-sensitive humanitarian programming.